



INSTITUTE FOR
ZEN LEADERSHIP

"...I left re-energized, restored, and excited about a new vision for my business. In a word: Transformative."

- Amanda Blake, Founder, Embright

MOVE BEYOND FEAR

Integrating a centuries-old training tradition that enables fearlessness with proven ways to develop today's most essential leadership skills

The Zen Leader

A 3-day intensive for leading at your best – even under the worst conditions – bringing the best out of others and your visions to reality.

5 - 8 April, 2018

"Zen leadership masterfully combines practical teachings with the embodied experience of leading. Not only did I learn useful strategies for managing my team, but my perspective on leading has totally shifted."

-Kim Corneille, Project Lead, FosterEd

Why The Zen Leader?

Leaders need the resilience, agility and non-dual wisdom that Zen training cultivates and the world needs more awakened, resilient leaders.

"The program is outstanding, unique and exceptionally valuable...the ability to tap into and focus basic energy states of human existence is a tool I will use for the rest of my life."

-Tom Gruenwald, CEO, Westell

Who should attend?

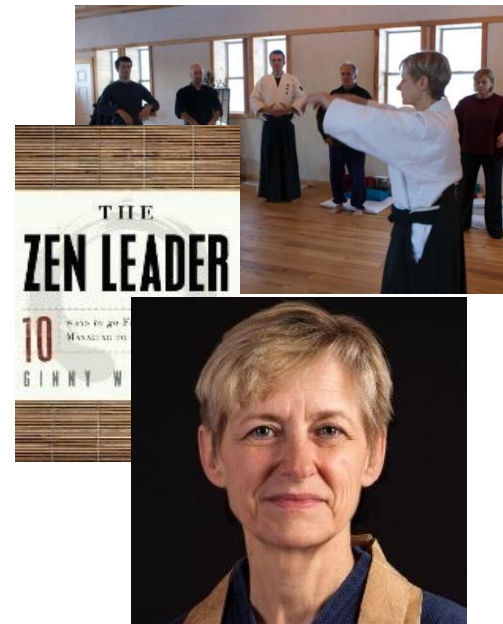
Leaders and entrepreneurs in business, government, and non-profits and those who coach or develop them. No previous Zen experience required.



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What you'll get out of it:

- “Flip” your state from unproductive coping to transforming, where true leadership begins.
- Reframe a key challenge you're facing and leverage the opportunities it presents.
- Increase your agility using the 4 modes of leadership and be able to instantly shift into the right energy at the right time.
- Develop and use your power center – *hara* – to strengthen leadership presence, action, and connectedness.
- Improve your decision making in paradoxical situations, and be able to authentically influence those around you.
- Develop and share with others practices that increase calm and resilience, especially under pressure.
- Reverse backwards thinking to realize a vision, and identify specific actions and practices to realize yours.
- Connect with a community and resources to sustain or deepen your efforts.



Dr. Ginny Whitelaw, founder of the Institute for Zen Leadership, is a Zen master in the Chozen-ji line of Rinzai Zen and a developer of leaders. For more than 20 years, she's trained and coached global leaders in such companies as Novartis, Dell, Bank of America, Merck, JNJ, and T Rowe Price. Formerly the Deputy Manager for integrating NASA's International Space Station, she holds a Ph.D. in biophysics, and a 5th degree black belt in Aikido.

Schedule

Thursday, 6pm 5th April,
– 1pm Sunday 8th April

On Friday and Saturday, the training day starts early and runs late – 6 am – 9 pm – with flex time in the afternoon

Want to convince your company to sponsor you? Contact us at andy@institutezenleadership.org for a sample letter to get support from your manager or finance department.

Lodging

The programme is held at 42 Acres, Frome, Somerset

www.42acres.com A stunning venue set in 700 acres of ancient forest. The lodging is elegant & comfortable and comes in a variety of room sizes including king, double and twin rooms. Several partial scholarships available.

Cost

includes all programme materials and meals

£1,175 King Ensuite

£1,050 King

£1,100 Double Ensuite

£950 Shared Twin

£400 College Dorm (Partial Scholarship Accommodation, 3-person room)

You can register and pay online:

<http://institutezenleadership.org/portfolio/the-zen-leader-uk>. Please, indicate type of accommodation when applying.

If you'd prefer to pay by check, contact andy@institutezenleadership.org for current fee and mailing instructions.